

# Achievements | 2023

These are some of the many achievements your local YMCA has accomplished during 2023

Our **Emergency Night Triage Beds** provided **bed night spaces** to a total of **284 individuals**:



### Alcohol Awareness HUB

- 1,489** dependent individual visits
- 53** individual clients
- 28** total referrals to CGL
- 6** detox/pre-detox
- 56** supported appointment attendance: doctors, hospital and other appointments



### Our hostel nurse and GP completed:

- 33** vaccines (B12, Influenza, Hepatitis B and BBV testing)
  - 36** routine bloods (including LFTs)
  - 15** new GP registrations
  - 21** sexual health interventions
  - 49** harm reduction and injecting assessments
  - 55** medication and prescription support
  - 166** wound care, swabs and assessments
  - 14** podiatry referrals and treatment
  - 15** referrals into treatment (drugs/alcohol)
- GP and hostel nurse completed twice a week surgery/joint clinic – seeing 7 to 12 people per clinic.



### 64 hostel clients moved in:

- 15** presenting alcohol issues
- 35** presenting substance misuse issues
- 6** presenting dual issues
- 9** presenting mental health issues
- 18** ex-offenders from prison coming into accommodation
- 221** training sessions delivered



### Our **Rough Sleep Initiative** engaged **246 individuals**:

- 3** moved into their own private tenancy
- 166** placed into supported housing
- 1** went to detox/rehabilitation
- 7** reconnected back to family
- 29** temporarily placed into B&Bs or hotels
- 17** moved to dispersed housing
- 3** hospital
- 20** refused to be placed
- 30** referrals made to CPN/Mental Health Team
- 4** Housing First referrals made and accepted
- 59** Street Link referrals
- 15** entrenched rough sleepers engaged and were reaccommodated



### 64 hostel clients moved on:

- 30** moved into own accommodation
- 7** re-engaged with family or friends
- 3** detoxification/rehabilitation
- 40** positive move-ons
- 2** into employment
- 13** evicted



### Homeless mental health practitioner

- 40** received support from practitioner
- 61** triage clients referred into practitioner
- 38** drop-in mental health clinics delivered



### Internal mental health specialist

- 70** received support from specialist
- Over **150** one-to-one sessions
- 10** screened for Neurodivergent disorders
- 31** triage clients received support
- 40** referrals made to external organisations (Wirral Mind, RASA, Adult Social Care, Journey Men, Martyn Gallier Project, Talking Together Wirral)



INVESTORS  
IN PEOPLE

